



Short Term Goals (Daily)	Mid Term Goals (This Week)	Long Term Goals (This Month)
__ 1-2 Lean Shakes	__ Attend Monday's Live Calls With A Guest	__ Reach 5 Start Status
__ 1-2 Accelerates	__ Dial into Tuesday's Training Call with Your Newest Team Member	__ Re-Order Your CORE4
__ 1 Flush in the Evening	__ Dial into Wednesday's Product Overview With Your Team Members and Guests	__ Successfully Talk To At Least 30 New Prospects (It's a Numbers Game – LIVE By It!)
__ Use Cheat on EVERYTHING	__ Contact Your Most Active Upline	
__ Expose 1-2 New Contacts to CNI	__ 5-10 FREE Sign-ups With Intent To Purchase	
__	__ Continue Checking Back Office For Live Reports, News, Updates, ETC.	
__	__ Close 2-4 New Business Partners	
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